

# **Ask Amy - Friend “outed” another friend as transgender. This from someone who questions their own sexuality.**

**So let’s try to get this straight. “Kevin” is a girl who believes she is a boy? The friend here called her-not-really-a-him by her original (dead) name, like Sally and called her a girl. Calling it like you see it is bad, apparently. The writer is dealing with questions about their own sexuality. How can this be? An older person not 100% sure of their gender? Would that happen if they were “born that way?” Wouldn’t they be sure, not having any questions? And, after all the huge advances LGBTQA++ has made, why would the writer not be “proud” to out themselves?**

Dear Amy: I was recently on a group chat with a bunch of friends. One of these people, “Kelly,” “outed” another of our friends, “Kevin” as transgender.

Kevin has not mentioned this to any of us. I had talked with him the day before and feel terrible because I called him by his “dead name” and referred to him by the wrong gender.

Now, I don’t know what to do, for Kevin or myself. I’ve been dealing with my own questions of sexuality and I’m afraid that someone will “out” me before I’m ready.

Worried

Dear Worried: You’ve learned something important about “Kelly.” Never, ever trust Kelly with any information you might consider private.

You should contact “Kevin” and say what was discussed in the group chat – not to embarrass Kevin, but to get the story straight. Let Kevin respond to you. They might want to clarify things to the group.

You should maintain control of your own story, if at all possible. Only discuss your sexuality when you are ready, and do so with the knowledge that you can’t trust everyone in your circle to respect your privacy.